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For Immediate Release:

**MDS Nordion Selected
One of Canada's Top 100 Employers for 2010**

**Strong Corporate Values, Employee Engagement and Contributions to the Community
Make Company Exciting Place to Work**

OTTAWA, CANADA, October 9, 2009 – MDS Nordion, a leading provider of medical isotopes and radiopharmaceuticals, has been selected as one of *Canada's Top 100 Employers* for 2010 by Mediacorp Canada, the nation's largest publisher of employment-related periodicals and online directories.

"This is a tremendous accomplishment and true representation of our ongoing commitment to attract, develop and retain talent," says Steve West, Chief Operating Officer, MDS Inc. and President, MDS Nordion. "We have a highly skilled and engaged workforce that is informed, connected and actively contributing to the success of the business. Every day, our employees don't just make a living: they make a difference by contributing to the health and well-being of people in our community and around the world."

MDS Nordion competed against 24,000 employers across the country for this award. This annual competition recognizes Canadian employers that are industry leaders at attracting and retaining quality people. Employers are compared with other organizations in their respective industries to determine which ones offer the most progressive and forward-thinking programs providing an exceptional workplace for employees.

MDS Nordion was evaluated against several criteria including business growth, employee input and feedback, stimulating work environment, benefits and compensation programs, as well as training and skills development.

The winners for 2010 were formally announced October 8, 2009.

About MDS Nordion

MDS Nordion, a business unit of MDS Inc., is a global leader in providing medical isotopes for molecular and diagnostic imaging, radiotherapeutics and sterilization technologies for medical products that benefit the lives of millions of people in more than 70 countries around the world. MDS Nordion's products and services are used on a daily basis by pharmaceutical and biotechnology companies, medical-device manufacturers, hospitals, clinics and research laboratories. Find out more at www.mdsnordion.com

About MDS

MDS Inc. (TSX: MDS; NYSE: MDZ) is a global life sciences company that provides market-leading products and services that our customers need for the development of drugs, and the diagnosis and treatment of disease. We are a leading global provider of pharmaceutical contract research, medical isotopes for molecular imaging, radiotherapeutics, and analytical instruments. MDS has more than 4,200 highly skilled people in 13 countries. Find out more at www.mdsinc.com or by calling 1-888-MDS-7222, 24 hours a day.

SOURCE: MDS